

Certified Care Coaches Offer Confidential Care in the following areas:

- Premarital counseling
- Marriage and family support
- Divorce care and support
- Spousal and child abuse
- Financial and budgeting matters
- Planning and performing funeral services
- Courtroom visits
- Death and dying
- Hospital services
- Serious illness
- Depression, stress and anxiety
- Addiction (drug, alcohol, etc.)
- Suicide prevention
- Long-term grief support
- Mental health
- Stress management
- Conflict resolution
- Assisting supervisors with employee issues
- Lay-off or termination transitions

What You can Expect from Your Care Coach

- ✓ Access to your Care Coach 24/7/365
- ✓ Worksite visits and regular encouragement
- ✓ Care is permission-based, confidential, and voluntary



Scan the QR code
to learn more



Introduction to the
LEAPCare Program

leapcare.org

How the Program Works

Your Care Coach will stop by your worksite to offer help and encouragement. If you have something you want to discuss, you can talk with your Care Coach at that time or, depending on the nature and urgency of your need, he/she will coordinate a place and time to meet with you. This may be on your break, at lunch, or by phone.

Many times crisis occur when we are not on-site. You can always call the toll-free number printed on the card you receive at orientation. Immediate access to your Care Coach is only a phone, chat, or text away via an automated service specially designed for your company. Our goal is to respond to you as quickly as possible.

Assurance of Confidentiality

Maintaining confidentiality with you is the cornerstone of our LEAPCare program. We will never place information about you in the company's personnel files. Your private information will not be disclosed to anyone by the Care Coach without your permission.

**Local, state and federal laws require full disclosure in cases of child abuse or where personal safety is at risk.*



Absolutely No Cost to You

This resource costs you absolutely nothing: no premiums, no fees. We are confident you will find the service invaluable as you get to know your Care Coach.

Friendship First

Our job is to be there when you need a friend. Remember, this is a voluntary program designed to help improve your quality of life. We all need someone who truly cares about us.